

## Surfing in Lacken Harbour

The North coast of Mayo has some of the most exciting spots for surfing in the entire country with the waters off Kilcummin and Lacken among the most popular. Apart from being the landing spot of General Humbert and his troops, Kilcummin Harbour is known "as a long left big wave reef break on a large boulder rocky shoreline near a headland with strong currents/rips". Lacken Bay, on past Kilcummin around the headland another favourite spot for surfers. This is a long secluded, beautiful and incredibly quiet beach.